

## LRST Parent Meeting

September 21, 2009

### **Introduction of Officers:**

Jodie Wohlfeil – President  
Susan Eland – Secretary  
Jackie Keim – VP Volunteers  
Mary Beth Healy – VP Concession / Hospitality  
Tricia Clark – Safety Director  
Hope McGuan – VP of Finance

### **Matt Demaline – Aquatic Manager**

Welcome to the season!

#### Minor Notes:

- Second session fees are due in early November
- Winter session starts on November 6<sup>th</sup>

#### Parking:

- Yes, we have parking back!
- Please remember to exercise caution in the parking lot
  - Lots of swimmers are moving around between practice sessions
- Parents please stay in the bleacher area and off the deck during practice time

### **Patrick Burda – head coach**

- Please attend the meets
  - Training is based on up coming meets
  - Stroke work and technical development is based on what is seen in meets
- Gold – 5 practices a week – Jim
- Silver – 4 to 5 practices a week - Patrick
- Bronze – 3 to 4 practices a week – Nick
- Patrick's contact information:
  - Cell: 440.570.8586
  - Email: [Patrick.Burda@lakewood.k12.oh.us](mailto:Patrick.Burda@lakewood.k12.oh.us)

### **Team Suites and Caps**

- Team suites
  - Geiger's is the provider for our team suites
  - They have a number of navy suites in stock
  - Two back styles for the girls and Jammers for the boys

- They will provide us with a 10% discount on any swim item
- Girls team suites run \$40 to \$50 the boys suites are less
- LRST is a Speedo team, so Geiger's can special order Speedo products and still provide us with the 10% discount
- LRST is going back to the original white logo
  - This logo is easier for the parents to spot the swimmers
  - Geiger's has this logo available and will apply at the time of purchase
- Swim Caps
  - Personalized swim caps are available for \$4
    - Must purchase a minimum of 2 personalized caps
  - Team caps (without the name) are available at no charge

#### Swim Meets - Pentathlon:

- This meet is scheduled for October 24<sup>th</sup>.
- We need all parents to volunteer at each meet a minimum of one shift (4 to 6 hour commitment)
- No experience necessary
- Can assist with concessions, timing, running, backing (will still need you to work the 4 to 6 hour shift)
- Fun environment and you get a great T-shirt!
- This is the primary fund raiser for the team, there are no candy or other door to door type fund raisers
- Mary Beth – Hospitality / Concession donations
  - Sign up sheets are available
  - Can purchase / make items along with volunteering to work that day

#### Swim Team Logos:

- Rub on vinyl swimmer with choice of team name and / or swimmer name (removable also)
- Can be used on cars, windows, or walls
- Show team pride (not just Solon Stars and Shaker Sharks in the parking lot)
- Orders are due by October 3<sup>rd</sup>
- Can be ordered with, or without the swimmers name, or team logo
- Club will earn \$5 from each logo sold

#### Team Appeal

- Prior LRST products are available
- T-shirts for \$5
- LRST towels
- Swim bags \$30