

## **POOL RULES AND SAFETY REGULATIONS**

The Pool Manager on duty is the final decision maker on all rules and disciplinary measures.  
Failure to follow pool rules may result in bodily injury or death.

- Persons swimming in LHS Pool must have monthly pass or paid admission.
- Lifeguards are not baby-sitters. All children 6 years of age and younger must be accompanied by a swimming adult at all times.
- One (1) adult must accompany every six (6) children under the age of seven (7) at all times.
- All children ages 7 and 8 must have an adult with them in the facility at all times.
- Proper swim attire is required at all times. Swimsuits must have a liner, and be made of non-absorbent material. No mesh shorts. No cutoffs.
- All admission sales are final. Refunds will not be given for any reason.
- No running.
- Glass items are prohibited.
- Diving is only permitted from the diving board and the end of the main pool with starting blocks.
- Food, drinks, and gum are not permitted in the pool area or locker rooms at any time.
- No flotation devices or toys in pool (except for special sessions).
- No masks, fins, or snorkels (except for special sessions).
- No horseplay, dunking, or pushing/throwing people into the pool at any time.
- Lap lanes are for lap swimmers or aqua joggers only.
- Do not play on ladders. Ladders are for entry and exit only.
- The pool phones are for emergency and official business use only.
- Patrons are not permitted in the water before the scheduled time of any event.
- Obey Lifeguards at all times.
- Any obviously ill person or person with an open wound or soar will not be permitted in the pool, unless written permission from a physician is presented.
- Swimmers who are not toilet trained or who are incontinent must wear swim diapers.
- Smoking is not permitted on school district grounds.
- Report all injuries to a lifeguard on duty or the pool manager.
- Discipline problems are subject to action by the manager on duty. Repeat offenders may lose swimming privileges. Pool managers can revoke swimming privileges.
- The pool manager reserves the right to implement any additional rules for the safety of all patrons.
- The Lakewood Board of Education, and the Lakewood Community Recreation and Education Department are not responsible for any lost or stolen items.
- A swimmer must be able to swim 25 yards without stopping before being permitted to swim in water that is deeper than the swimmer's height. The pool manager may conduct swim tests as needed.
- Read diving board rules before using the board.

**Failure to follow posted rules may result in injury or death.**

## **DIVING POOL RULES**

- Patrons must be able to swim 25 yards unassisted to use the diving board.
- One person at a time on the diving board. All divers must wait at the bottom of the steps until the board is clear.
- All dives must be made straight out from the end of the diving board with a single bounce.
- Cartwheels and/or handstands on the diving board are not permitted at any time.
- Inward dives, back flips or other competitive dives are not permitted at any time.
- Front flips are permitted, as long as they are done safely. Divers who put either themselves or others in danger will not be permitted to dive.
- All divers must swim to and exit at the nearest ladder.
- Swimming under or hanging on to the diving board is not permitted at any time.
- All other pool rules apply

**Failure to follow diving board rules may result in injury or death**

