



## **Instructional Spring Volleyball Clinic** for 1st-3rd & 4th-6th Grade Girls

**What:** Seven clinic sessions during which girls will be taught fundamental volleyball skills and rules of the game in preparation for future league play (or just for the fun of learning the game!). Attendees should bring water bottle, tennis shoes and wear knee pads (if possible).

**When & Where:** Sundays, March 27-May 22 (no class April 17 nor May 8) at Grant Elementary School gym (lot off Elmwood; use north/side door).

1st-3rd grade 1-2:30 pm.

4th-6th grade 2:45-4:15 pm.

**Cost:** \$30

**Instructor:** Carrie Sheehan, former D1 volleyball player for Wright State University, former JV volleyball coach at Centerville HS, and mother of two daughters attending Lakewood City Schools.

**Registration:** Call Lakewood Rec at 216.529.4081 or visit [www.lakewoodrecreation.com](http://www.lakewoodrecreation.com). Each age group has a class limit of 25 girls.