

FOOTBALL SKILLS CAMP

Participants will be broken down into various groups such as age and position to work on different exercises, skills and drills. Overseen by Coach Miguel Ocejo, with the help of other volunteer coaches and Lakewood football players, this program is designed for all participants entering 3rd through 6th grades interested in the Lakewood Recreation football program. Friday nights at Garfield stadium the players will begin their pre-season conditioning. Go Rangers!



**All Campers will receive
a free t-shirt**

Ranger Football Camp

Where: Garfield Football Stadium
When: Fridays beginning July 1 - July 29
Times: 6:00pm - 8:00pm
Who: 3rd–6th any interested participants
Cost: \$40.00

You may register one of three ways:

1. **IN PERSON** at 1456 Warren Rd
2. **BY PHONE** at 216-529-4081
3. **ONLINE** at www.lakewoodrecreation.com

OFFICE HOURS

8:30 AM - 5:30 PM Mon-Thurs

8:30 AM - 5:00 PM Fri

1456 Warren Road

Lakewood, OH 44107

216-529-4081

216-529-4464 FAX

Payment Types

Check (*Payable: Lakewood Board of Education*),
MasterCard, VISA, Disc, Cash or Money Order

Lakewood Board of Education

Tom Einhouse, President

Betsey Bergen Shaughnessy,

Vice President

Linda G. Beebe

Edward Favre

Emma Petrie Barcelona

Coaches Corner

Interested to Volunteer Coach?

Anyone interested to coach youth football, whether it's tackle or flag will need to come into the Recreation Department to fulfill the following requirements:

- Volunteer application
- Background check
- FREE online concussion training class

Applications are available and the background check is performed, free of charge for volunteers, in our front office

Coaches interested in the above information, please contact:

Rick Wallenhorst, Athletic Coordinator

216.529.4081

richard.wallenhorst@lakewoodcityschools.org



LAKWOOD CITY SCHOOLS
COMMUNITY
RECREATION & EDUCATION
DEPARTMENT